

My Time Capsule journal entry

My name is

My pronouns are

My age is

Today's date is

I come from

At 9am, I am most likely to be

The people I talk to the most often right now are

Something that has recently changed in my life is

The last person that I had an in-person conversation with was

Something that I think a lot about is

My current playlist or music I have listened to recently is

Some things that I now do (or have learned) in adapting to "pandemic life" are

My favourite restaurant or place to order food is

Examples of how the pandemic has impacted my queer community (or my support community) are

Something I like about my current home is

The apps on my phone that I use most often are

At 8pm I am most likely to be

Something I did in the past 12 months that I am proud of is

My hopes for the coming year include